

# December Healthy Snacks

Monday	Tuesday	Wednesday	Thursday	Friday
Blueberry Muffins Nuts	Crackers      Hummus Carrots	Oatmeal Raisin Muffins Nuts	Bagels with Cream Cheese Grapes	Fritatas
Nachos and Salsa	Orange Muffins Nuts	Trail Mix	Peanut Butter Graham Crackers Bananas	French Toast Clementines
Pumpkin Bread Nuts	Cheddar Cheese Crackers Apples	Cinnamon Bread	NO SCHOOL	NO SCHOOL Happy Holidays and see you in January
WINTER SPORTS Portable Snack Trail Mix Clementine	Cheesy Bread Sticks Apples	Trail Ride Muffins	Yogurt and Granola	Oatmeal with Brown Sugar and Peaches & Berries