

November Healthy Snacks

Monday	Tuesday	Wednesday	Thursday	Friday
Blueberry Muffins Nuts	Popcorn Grapes	Soft Pretzels with Cheddar Cheese Melon	Peanut Butter Rice Cakes Apples	French Toast Fruit Salad
Nachos and Salsa	Cranberry Orange Muffins Nuts	Bagels with Cream Cheese Carrot Sticks	Trail Mix	Fritatas
Banana Bread Nuts	Cheddar Cheese Crackers Apples	Veggie Cake	Yogurt and Granola	Oatmeal with Brown Sugar and Berries
Cardamom Bread Cheddar Cheese Apples	Peanut Butter Crackers Carrots	Pumpkin Bread Nuts	NO SCHOOL	NO SCHOOL